

CURRICULUM VITAE

Chandima Kumara Walpita Gamage

Lecturer (Probationary)
Department of Nursing & Midwifery
Faculty of Allied Health Sciences
General Sir John Kotelawala Defence University
Sri Lanka

PERSONAL INFORMATION

Sex	Male
Nationality	Sri Lankan
Civil Status	Married
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QUALIFICATIONS

Academic and Professional Qualifications

B.Sc. (Hons) in Nursing	Second lower division; Faculty of Medicine, University of Ruhuna, Sri Lanka, 2013
HND in Counselling	Sri Lanka Foundation Institute, Colombo, Sri Lanka
MSc in Nursing	Reading at KAATSU International University, Sri Lanka
MPhil to PhD	Reading at Faculty of Medicine, University of Colombo

Qualifications in Teaching in Higher Education

Certificate of Teaching in Higher Education	Staff Development Centre, General Sir John Kotelawala Defence University
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KEY PROFESSIONAL ACTIVITIES

Employment Details

July, 2013 - present: Lecturer (probationary), Department of Nursing and Midwifery, faculty of Allied Health Sciences, General Sir John Kotelawala Defence University, Sri Lanka.

February, 2013 - June, 2013: Demonstrator (Temporary), BSc. Nursing Degree Programme, Faculty of Medicine, University of Ruhuna, Sri Lanka.

Positions held at Faculty Level

2018 to present: Faculty Counselor (Honorary basis), Faculty of Allied Health Sciences, General Sir John Kotelawala Defence University, Sri Lanka

2017: Faculty coordinator of the Faculty of Allied Health Sciences in the 10th International Research Conference, General Sir John Kotelawala Defence University, Sri Lanka

2016: Faculty coordinator of the Faculty of Allied Health Sciences in the 9th International Research Conference, General Sir John Kotelawala Defence University, Sri Lanka

2016 and 2017: Faculty coordinator of the Initial Trauma Care for Nurses (ITCN) Programme organized by the Faculty of Allied Health Sciences, General Sir John Kotelawala Defence University in collaboration with The College of Surgeons of Sri Lanka and with the Faculty of Medicine, General Sir John Kotelawala Defence University, Sri Lanka.

Membership in Professional Bodies

2018 to present: A member at Graduate Nursing foundation of Sri Lanka.

KEY TEACHING ACTIVITIES: UNDERGRADUATE AND SHORT/EXTENSION COURSES

Teaching Activities of Undergraduate Courses

1) Contributions to the Faculty of Allied Health Sciences, General Sir John Kotelawala Defence University, Sri Lanka

Module coordinator for the following modules:

2016 to present: Psychiatric & Mental Health Nursing I (NS 3128)

Psychiatric & Mental Health Nursing II (NS 3235)

Mental Health Nursing Clinical Training (NE 4152)

Emergency & Trauma Nursing (NE 4251)

Introduction to Psychology (AH 1126)

2014 to present: Conducts lectures and seminars, facilitates small group discussions and problem-based learning activities for the BSc Nursing, B. Pharm, BSc in Physiotherapy, BSc in Radiography and Radiotherapy.

2014 to present: Examiner for the BSc. Nursing Degree

2016 to present: Co- supervisor for the final year research projects in BSc. Nursing Degree

2) Contributions to the BSc. Nursing Degree, Faculty of medical Sciences, University of Sri Jayewardenepura, Sri Lanka

2018 to present: External Examiner for BSc. Nursing Part II – Practical Skills and VIVA Examination – Batch 12

2018 to present: External Examiner for BSc. Nursing Part III – Practical Skills and VIVA Examination - Batch 11

- 3) Contributions to the Faculty of Nursing, University of Colombo, Sri Lanka
2019 to present: External Examiner for Fundamentals of Nursing I Clinical Practical Examination - Batch I (2016/2017)

Contribution to Diploma/Short/Extension Courses

- 1) Contributions to the Diploma in Nursing Course at Naval Nurses' Training School – NGH (CBO)
1. 2015 to present: Visiting lecturer for the module 'Mental Health Nursing (DN 2204)'
 2. 2015 to present: Visiting lecturer, paper setter for the module Applied Psychosocial Sciences (DN 1105)

PUBLICATIONS

Journal Publications

Kumara, W. G. C., Zoysa, P. de, Balasuriya, A., & Fernando, N. F. (2020). Cross-cultural adaptation of the Morisky Green Levine medication adherence scale for use in patients with Ischaemic Heart Disease in Sri Lanka. *Journal of the Postgraduate Institute of Medicine*, 7(1), E109 1-7. <https://doi.org/10.4038/jpgim.8274> [Accessed 22 Aug. 2020].

Rukshani, D., Kahandawala, P., Jayawardana, K., Karunarathne, D., Galgamuwa, L.S., Kumara, C. and Gamage, C. (2018). Factors associated with quality of life among cancer patients in Sri Lanka. *International Journal of Community Medicine and Public Health*, 5(7), p.2705. Available at: <http://dx.doi.org/10.18203/2394-6040.ijcmph20182603> [Accessed 19 Dec. 2019].

Conference Proceedings

Kumara, W.G.C, Priyangika, K.G.G, & Sudusinghe, W.S (2020). Multiple Intelligence and Academic Performance among BSc. Nursing Undergraduates in Kotelawala Defence University, Sri Lanka; A Correlational Study. In 13th International Research Conference of General Sir John Kotelawala Defence University, Sri Lanka.

Sudusinghe, W.S., Kumara, W.G.C., Kothalawala, C., & Kothalawala, T. (2020). Assessment of Public Speaking Anxiety (PSA): A study based on the second year Law undergraduates in Kotelawala Defence University, Sri-Lanka. In 13th International Research Conference of General Sir John Kotelawala Defence University, Sri Lanka.

Sudusinghe, W.S., Kumara, W.G.C., Vidanage, D., & Kothalawala, T. (2020). Knowledge, Attitudes, and Practices on Plagiarism among the Law Undergraduates in Sri Lanka. In 13th International Research Conference of General Sir John Kotelawala Defence University, Sri Lanka.

Sudusinghe, W.S., & Kumara, W.G.C. (2020). Students' perception on Learning English through Distance Education: An Online Survey conducted in Higher Education Institutes, Sri Lanka at the time of COVID-19. In 13th International Research Conference of General Sir John Kotelawala Defence University, Sri Lanka.

Gamage, G.P, Kumara, W.G.C, Sudusinghe, W.S, 2020. The Relationship Between Learning Styles and Academic Performance among BSc. Nursing Undergraduates in a Sri Lankan Defence University. In: Sri Lanka Medical Association 133rd Anniversary International Medical Congress, 2020. [online] Colombo, Sri Lanka: Sri Lanka Medical Association, p.61. Available at: <https://slma.lk/webcasts-archived-videos/> [Accessed 13 August 2020].

Kumara, W.G.C., de Zoysa, P., Balasuriya, A., Fernando, N.F.J., 2019. The cross-cultural adaptation of the Type D Personality Scale (DS-14) for use with patients diagnosed with Ischemic Heart Disease (IHD) in Sri Lanka. Presented at the Annual Research Symposium - 2019, University of Colombo, University of Colombo. [online] Available at: <http://192.248.16.117:8080/research/handle/70130/4725> [Accessed 14 March. 2020]

Kumara, W. G. C, De Zoysa, P, Balasuriya, A. and Fernando, (2019). The cross-cultural adaptation of Morisky Green Levine Medication Adherence Scale for use with diagnosed patients of Ischemic Heart Disease in Sri Lanka. *Kln.ac.lk*. [online] Available at: <http://repository.kln.ac.lk/handle/123456789/20509> [Accessed 19 Dec. 2019]

MHMMK Jayasooriya, HWS Sajeewanie, PSL Pathirana, PM Ann, TD Marasinghe, WGC Kumara, NFJ Fernando (2019). Psychological distress among Sri Lankan Army servicemen with a permanent physical disability due to battle injuries in the civil war of Sri Lanka. In: *11th International Conference of the SAARC Psychiatric Federation and the 16th Annual Academic Sessions of the Sri Lanka College of Psychiatrists*: Sri Lanka College of Psychiatrists

Wanninayaka, M., Dasanayake, D., Jathungedara, N., Peiris, M., Vijayachithra, G., Gunarathna, I., Walapita Gamage, C. and Fernando, N. (2018). Knowledge, attitudes and practices regarding the use of physical restraint among psychiatric nurses working at the National Institute of Mental Health (NIMH), Angoda. In: *15th Annual Academic Sessions, College of psychiatrists, Sri Lanka*. Colombo, Sri Lanka: Sri Lanka College of Psychiatrists.

Alukumbura, S., Ekanayaka, R., Kalpani, S., Sandeepanie, D., Thilakarathna, R., Wijerathne, U., Kumara, W. and Wijesinghe, R. (2018). Knowledge, attitudes and practices on Basic Life Support (BLS) among traffic police officers, Police Division-Nugegoda, Sri Lanka. In: *International Nursing Congress, Department of Nursing, Faculty of Allied Health Sciences, University of Peradeniya, Sri Lanka*. Peradeniya, Sri Lanka: University of Peradeniya, Sri Lanka, p.36.

Perera, B., Maduranga, G., Bandara, M., Kumara, W. and Perera, N. (2018). Comparative Study of Prevalence of Migraine among Defence and Non- Defence Undergraduate Students in General Sir John Kotelawala Defence University (KDU), Sri Lanka. In: *International Nursing Congress, Department of Nursing, Faculty of Allied Health Sciences, University of Peradeniya, Sri Lanka*. Peradeniya, Sri Lanka: University of Peradeniya, Sri Lanka, pp.5-6.

Rukshani, D., Kahandawala, P., Jayawardana, K., Karunarathne, D., Walapitagamage, C. and Gamage, C. (2017). Quality of Life and its determinants in a heterogeneous group of cancer patients in National Cancer Institute of Sri Lanka. In: *14th Annual academic sessions*. Colombo, Sri Lanka: Sri Lanka College of Psychiatrists, p.30.

Kumara, W. and Samarawickrama, M. (2016). Awareness of smoking among patients with Ischemic Heart Disease (IHD) attending medical clinics in Teaching Hospital Karapitiya. *Kdu.ac.lk*. [online] Available at: <http://ir.kdu.ac.lk/handle/345/1097> [Accessed 19 Dec. 2019].

Imendra, K., Uduwilarachchi, L. and Kumara, W. (2014). Job Satisfaction among Nurses in Teaching Hospitals Karapitiya and Mahamodara. *248.104.6*. [online] Available at: <http://192.248.104.6/handle/345/1492> [Accessed 19 Dec. 2019].

CONTINUOUS PROFESSIONAL DEVELOPMENT

2020

1. **A+ Dissertation E-Workshop** conducted by Institute for Health and Social Behavior – IHSB, Headquarters: Atlanta, USA. (16.05.2020)
2. Pre – Congress workshop – Colombo Medical Congress on “**Living fully: Living in the Moment: A session on mindfulness-based practice**” conducted by Faculty of Medicine, University of Colombo (11.02.2020).

2019

1. Pre-conference workshop – IRC 2019 on “**Clinical Teaching and Assessment**” conducted by Faculty of Allied Health Sciences, KDU (10.09.2019).
2. Preconference workshop on “**Performing Thematic Analysis**” at the Colombo Conference on Medical Education 2019 (11.11.2019).
3. Preconference workshop -IRC 2019 on “**How can we Develop a modern and Novel Accredited Academic Curriculum**” conducted by Faculty of Allied Health Sciences, KDU (09.09.2019).

2018

1. Eight Day (64 hours) training on “**Counselling Skills Development for Student Counsellors of KDU**” conducted by the Department of Social Sciences of the Faculty of Management, Social Sciences and Humanities (06.08.2018 to 09.10.2018).
2. Workshop on “**Scientific Writing & Publishing Research work**” organized by Sri Lanka Association for the Advancement of Science (SLAAS) in collaboration with Faculty of Applied Sciences, University of Sri Jayewardenepura, Sri Lanka (21.09.2018).
3. Pre - Congress workshop on “**Establishing and Sustaining meaningful patient and Public involvement and Engagement (PPIE)**” in Research conducted by the Sri Lanka Medical Association and the Institute for Research and Development (25.07.2017).

2017

1. Pre - congress workshop on “**Systematic Reviews for Medical Professionals**” conducted by faculty of Allied Health Sciences in collaborations with School of Nursing Midwifery, University of South Australia (01.08.2017).

2016

1. Pre-Congress workshop on “**Obesity and Weight Management**” of the Annual Scientific Sessions 2016 at the Faculty of Medicine 2016 (25.11.2016).
2. Pre-Congress “**Interactive workshop on Medical Research**” at NDW Lionel Memorial Auditorium SLMA during the 129th Anniversary International medical Congress, Sri Lanka Medical Association (21.06.2016 to 22.06.2016)
3. **Joint CME Programme** conducted by the Sri Lanka Medical Association in collaboration with General Sir John Kotelawala Defence University at the Auditorium, FGS, KDU, Ratmalana, Sri Lanka (25.05.2016).

2015

1. Pre-Conference workshop on “**Basic Medical Education**” organized by Faculty of Allied Health Sciences in collaboration with Medical Education Development & Research Centre (MEDARC) – University of Colombo (25.08.2015)
2. Post Congress Symposium for Nurses “**Give your patients a FAST HUG everyday**” conducted by Faculty of Critical Care Medicine, College of Anesthesiologists and Intensivists of Sri Lanka (12.08.2015).
3. Pre-Conference Workshop on “**Initial Trauma Care for Nurses**” conducted by General Sir John Kotelawala Defence University (07.08.2015)
4. Course as a provider in “**Initial Trauma Care for Nurses**” held at the Colombo North Teaching Hospital, Ragama, Sri Lanka (07.07.2015 to 08.07.2015)

2014

1. Certificate in “**Immediate Life Support – Advanced Life Support for the Immediate Period of Crisis**” conducted by College of Anesthesiologists, Sri Lanka (13.12.2014).
2. Pre-Conference Workshop - IRC 2014 on “**Developing Mentorship in Clinical Practice**” conducted by General Sir John Kotelawala Defence University (20.08.2014).

3. Pre-Conference Workshop on “**Essential Pain Management**” conducted by General Sir John Kotelawala Defence University (19.08.2014)

2012

1. Workshop on “**Continuous Professional Development on Community Medicine**” conducted by the National Centre for continuing Professional Development in medicine & College of Community Physicians of Sri Lanka.

I hereby declare that all the particulars furnished by me are true and accurate to the best of my knowledge.

WGC Kumara

12.30.2020